NAMI Texas and the 86th Legislative Session

November 9th, 2019
Agenda

NAMI accomplishments

Budget highlights

Bills by platform section

Next steps
A nonprofit 501(c)3 organization founded by volunteers in 1984.

Part of the nation’s largest grassroots mental health organizations

Exists to help improve the quality of life for individuals with mental illness and their families.

27 local NAMI affiliate organizations and approximately 2,000 members.

Three types of services - education, support, advocacy
Session is over!

The legislative session ended in June!

Next legislative session is in 2021.

10,877 bills and resolutions were introduced - 7,324 bills.

4,581 bills and resolutions passed - 1,429 bills.

Major session for school and youth mental health.
What did NAMI Texas accomplish?

Weighed in on almost 400 bills

Testified before and during session

Served as media resource on key bills

Tracked over a thousand bills

Championed 34 bills - 4 passed, 6 others passed in some form.

Made budget recommendations.
Mental Health Rally Day

300 attendees

16 affiliates represented

Quorum

9 advocacy campaigns for 5 bills

861 actions with 275 participants
<table>
<thead>
<tr>
<th>Championed bills</th>
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<tbody>
<tr>
<td><strong>HB 18 (School Mental Health Omnibus Bill)</strong></td>
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<tr>
<td><strong>HB 3888 (Mental Health Education for Parents)</strong></td>
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<tr>
<td><strong>HB 2080 (Certified Family Partners Medicaid Code)</strong></td>
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<td><strong>HB 2618 (Maternal peer support pilot program)</strong></td>
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<td><strong>SB 2389 (Maternal peer support pilot program)</strong></td>
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<tr>
<td><strong>HB 3235 (Suicide prevention teacher training)</strong></td>
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<tr>
<td><strong>SB 2110 (Medicaid autorenewal for former foster youth)</strong></td>
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<tr>
<td><strong>HB 2218 (MHSUD coverage)</strong></td>
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</tbody>
</table>
## Key Budget Items - Article II

<table>
<thead>
<tr>
<th>Budget Strategy</th>
<th>2020 Funding</th>
<th>2021 Funding</th>
<th>% Difference from 18-19 Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strategy B.1.1: Medicaid Contracts and Administration</td>
<td>608,438,761</td>
<td>$642,382,680</td>
<td>-0.60%</td>
</tr>
<tr>
<td>Strategy D.2.1: Community Mental Health Svcs - Adults</td>
<td>382,072,316</td>
<td>382,027,886</td>
<td>8.70%</td>
</tr>
<tr>
<td>Strategy, D.2.2 Community Mental Health Svcs - Children</td>
<td>92,317,798</td>
<td>92,317,798</td>
<td>11%</td>
</tr>
<tr>
<td>Strategy D.2.3: Community Mental Health Crisis Svcs</td>
<td>171,631,873</td>
<td>171,631,873</td>
<td>5.50%</td>
</tr>
<tr>
<td>Strategy D.2.4: Substance Abuse Services</td>
<td>242,176,073</td>
<td>222,187,221</td>
<td>22.20%</td>
</tr>
<tr>
<td>Strategy G.2.1, Mental Health State Hospitals</td>
<td>442,728,813</td>
<td>456,009,662</td>
<td>2.70%</td>
</tr>
<tr>
<td>Strategy G.2.2, Mental Health Community Hospitals.</td>
<td>135,190,351</td>
<td>135,430,101</td>
<td>11%</td>
</tr>
<tr>
<td>Strategy L.1.1: HHS System Supports</td>
<td>$125,521,481</td>
<td>105,058,526</td>
<td>12%</td>
</tr>
</tbody>
</table>
## Key Budget Items - Article III

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<tr>
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<th>2021 Funding</th>
<th>% Difference from 18-19 Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.2.3: Resources for Mentally/Physically Disabled Students.</td>
<td>1,116,105,233</td>
<td>1,116,105,231</td>
<td>3.60%</td>
</tr>
<tr>
<td>A.2.4, School Improvement and Support Programs.</td>
<td>272,150,761</td>
<td>272,150,759</td>
<td>81%</td>
</tr>
<tr>
<td>B.2.2, Health and Safety.</td>
<td>13,246,603</td>
<td>11,246,603</td>
<td>3.70%</td>
</tr>
<tr>
<td>B.2.4, Educational Resources for Prison Inmates.</td>
<td>56,269,951</td>
<td>53,786,956</td>
<td>5.50%</td>
</tr>
<tr>
<td>F.1.8, Mental Health Loan Repayment Program</td>
<td>1,062,500</td>
<td>1,062,500</td>
<td>0%</td>
</tr>
<tr>
<td>F.1.10, Child Mental Health Care Consortium</td>
<td>49,500,000</td>
<td>49,500,000</td>
<td>New program</td>
</tr>
<tr>
<td>E.3.1, Psychiatry and Behavioral Sciences Research</td>
<td>$6,000,000</td>
<td>$6,000,000</td>
<td>0%</td>
</tr>
<tr>
<td>E.3.2, Veterans PTSD Study</td>
<td>2,000,000</td>
<td>2,000,000</td>
<td>0%</td>
</tr>
<tr>
<td>D.1.1, Mental Health Workforce Training Programs.</td>
<td>$6,730,000</td>
<td>$6,730,000</td>
<td>68.30%</td>
</tr>
</tbody>
</table>
Key Budget Items

$500,000 each year for public awareness campaign on firearm safety and suicide prevention.

The Texas Higher Education Coordinating Board received $99 million to start the Child Mental Health Consortium.

The Rusk State Hospital will receive $90 million to construct a 100-bed unit, the Austin State Hospital will receive $165 million to construct a 240-bed replacement campus, and the San Antonio State Hospital will receive $190.3 million for a replacement campus.

The Community Mental Health Grant Program established in 2017 received a funding increase of $10 million.

The budget continues funding for mental health for veterans, with $10 million for the Mental Health Program for Veterans and $20 million for the Mental Health for Veterans Grant Program.
System Capacity, Workforce, & Continuum of Care

The state should prioritize opportunities to expand access to care, address gaps in the continuum of care, reduce the mental health workforce shortage, and invest in innovative programs.

- Address gaps in continuum of care
- Expand mental health workforce
- Fund NAMI Education and Support Programs
- Enhance funding mental health Clubhouses
Capacity, Workforce, & Continuum of Care – Passed

HB 1501 (Nevarez) - Creates and transfers licensing and regulation of psychologists, marriage and family therapists, professional counselors, and social workers to Texas Behavioral Health Executive Council.

SB 1238 (Johnson) - Reduces individual wait time for voluntary treatment by allowing physicians the option to examine patients after admission.

SB 37 (Zaffirini) - Prevents default on student loans or breach of repayment from being used to deny someone an occupational license or renewal.

SB 633 (Kolkhorst) - Creates regional capacity plans for rural local mental health authorities.
Capacity Workforce, & Continuum of Care - Not passed

**HB 10 (S. Thompson)** - Creates grants and programs for researching and treating mental health/substance use issues.

**HB 1669 (Lucio)** - Creates comprehensive plan for increasing and improving the mental health/substance use workforce in this state.

**HB 1792 (Klick)** - Allows full practice authority for certain advanced practice registered nurses.

Placed on Senate intent calendar on May 22, 2019.

Returned from the House for further action on May 24, 2019.

Heard in House Public Health subcommittee on April 4, 2019.
Texas should ensure that effective mental health intervention, support, and promotion strategies are readily available throughout the school system and other child/youth-serving agencies.

- Child Psychiatry Access Program
- Certified Family Partners
- School mental health professionals
- Mental health education for students and parents
- Mental health services for foster youth
**Child & Youth Mental Health - Passed**

**HB 18 (Price)** - School mental health omnibus bill to help school districts improve their response to the mental health/substance use disorder issues, including: suicide prevention, intervention, and post-vention, trauma-informed and grief-informed practice, and mental health education for students.

**SB 11 (Bonnén)** - School safety and mental health omnibus bill that creates the Texas Child Mental Health Care Consortium.

**HB 19 (Price)** - Provides education service centers with a mental health professional to provide educator trainings on mental health-related issues.

**HB 53 (Minjarez)** - Requires transitional living services to educate youth on how to access mental health services and acquire insurance.
Child & Youth Mental Health - Not passed

HB 1335 (Price) - Creates grant for school-based behavioral health centers.

HB 129 (Bernal) - Requires certain low-income schools to have licensed professionals on staff and provides funding.

HB 2080 (Coleman) - Creates Medicaid code for Certified Family Partners.

Placed on House General State Calendar. May 9, 2019.

Heard in House Public Education on February 26, 2019.

Referred to House Human Services on March 6, 2019.
The mental health care system and other systems should both be equipped to address mental health and other health care needs.

- Primary care system integration
- Services for co-occurring behavioral health
- 1115 Waiver Mental Health projects
- Coordinated Specialty Care for Early Psychosis
- Address mental health disparities for specialty populations.
Integration of Care, Co-occurring Disorders, & Specialty Populations: Passed

HB 4298 (Murr) - Exempts satellite outpatient programs from having to obtain licensure if affiliated with a licensed care facility.

SB 436 (Nelson) - Requires HHSC to improve screening procedures to identify and care for pregnant women with opioid use disorder.

SB 1564 (West) - Increases access to medication-assisted treatments for substance use disorder by allowing Medicaid reimbursement and removing authorization requirements.

HB 3630 (Meyer) - Prohibits use of aversive intervention techniques from being used on students and increases educator training to prevent their use.
Integration of Care, Co-occurring Disorders, & Specialty Populations: Not Passed

**HB 2707 (Price)** - Expands the community mental health grant program to include services to and treatment of individuals with substance use disorders.

**SB 1145 (Johnson)** - Requires DSHS to study eating disorder prevalence, related deaths, and state-funded treatment options in Texas.

Referred to Public Health on March 11, 2019.

Committee report sent to Local & Consent Calendar on May 17, 2019.
Medicaid, Insurance, & Medication

Often, our members don’t get medically-necessary treatments and services through their insurance, and they report adverse outcomes as a result of this. Texas should strengthen requirements for robust, comprehensive, and affordable mental health coverage.

- Strengthen Medicaid/CHIP
- Close the coverage gap
- Mental health insurance coverage
- Prohibit non-medical switching
- Safe and effective medications for Medicaid enrollees

GotYouCoveredd!
Medicaid, Insurance, & Medication – Passed

**SB 1207 (Perry)** - Creates transparency around prior authorization requirements and offers external medical review option under Medicaid.

**SB 1742 (Menendez)** - Creates joint interim committee on prior authorization and utilization review and requires utilization reviews be conducted by physicians within same specialty.

**HB 4533 (Klick)** - Creates pilot program for Medicaid managed care for individuals with intellectual or developmental disabilities and makes it easier to report and resolve issues.

**HB 25 (M. Gonzalez)** - Creates pilot program to allow women on Medicaid to take their children with them to appointments under the Medicaid medical transportation program.
Medicaid, Insurance, & Medication - Passed

HB 72 (White) - Continues Medicaid benefits for children with serious health needs adopted from foster care.

HB 2536 (Oliverson) - Requires public dissemination of wholesale price of prescription drugs.

HB 3345 (Price) - Requires parity in coverage for equivalent telehealth services.

SB 1264 (Hancock) - Prohibits surprise medical billing by requiring out-of-network providers that provided coverage in an emergency care center to bill patient at rates equivalent to their insurance coverage.

SB 1177 (Menendez) - Incorporates community-based services as a form of treatment for mental health and substance use disorders for Medicaid approved coverage.
Medicaid, Insurance, & Medication - Not passed

**HB 342 (Cortez)** - Removes monthly eligibility checks for children on Medicaid.

**HB 565 (Coleman)** - Medicaid expansion.

**HB 744 (Rose)** - Extends Medicaid for new mothers to one-year postpartum.

**HB 1511 (Coleman)** - Requires eating disorders be covered under health benefit plans.

**HB 2099 (Lambert) /SB 580 (Campbell)** - Prevents non-medical switching.

- Sent to House Calendars on May 1, 2019.
- Heard in House Insurance on March 5, 2019.
- Received from the House on May 13, 2019.
- Heard in House Insurance on April 16, 2019.
HB 2453 (S. Davis) - Improves monitoring of managed care and creates ombudsman office for Medicaid providers.

HB 4138 (Klick) - Auto-renews Medicaid benefits for former foster care youth.

HB 501 (S. Thompson) - Requires insurance cover severe emotional disturbance in children.

SB 2218 (Zaffirini) - Increases scope of insurance plans required to cover mental health and substance use disorders.

Sent to House Calendars on May 2, 2019.

Referred to House Human Services on May 25, 2019.

Considered in Calendars on April 5, 2019.

Referred to Business & Commerce on March 21, 2019.
Criminal Justice & Juvenile Justice

We can interrupt the cycle of system involvement by providing linkages to treatment, streamlining access to care, and emphasizing safe and humane conditions.

- Trauma-informed programming at all intercepts
- Mental Health Grant Program for Justice-Involved Individuals
- Peer services for re-entry
- Improve conditions and access to care in facilities
- Capital punishment exemption
Criminal Justice & Juvenile Justice: Passed

HB 601 (Price) - Requires county judicial systems, when transferring individual’s records to TDCJ, to include information on their mental health.

SB 362 (Huffman) - Streamlines civil mental health commitment law and require judicial training be provided at least once per year.

SB 562 (Zaffirini) - Streamlines competency restoration process so those found incompetent to stand trial are less likely to wait in jail for long periods of time before receiving services.
HB 650 (White) - Omnibus bill to improve conditions and rights for pregnant women and mothers who are involved in the criminal justice system, including trauma screenings.

HB 3227 (Howard) - Requires state prison system to increase availability of peer support services, including justice-involved peers, and increase access to recovery and rehabilitation services for female inmates.

HB 812 (White) - Reduces the cost of medical visits for those in the state prison system to $13.55 per visit.
HB 1936 (Rose)* - Prohibits capital punishment for those experiencing a serious mental illness.

HB 2168 (Allen) - Requires TDCJ to screen inmates for trauma history and refer to treatment as needed.

HB 3617 (Reynolds)/SB 105 (Menendez) - Creates pilot program for short-term mental health treatment and transition services for incarcerated individuals.

Received from the House on May 9, 2019.

Received from the House on May 9, 2019.

Referred to committees on March 18, 2019 and February 1, 2019, respectively.
Housing and Employment

Texas should build upon existing supportive housing programs, identify programming that addresses specific gaps in the housing continuum, and make a broader investment in employment programming for individuals with mental illness.

- Small group home model and other forms of permanent supportive housing
- Rental and utility assistance funding
- Public-private partnerships to address chronic homelessness
- Job training and supported employment
Housing & Employment - Passed

HB 4468 (Coleman) - Eases match requirement for Healthy Community Collaboratives housing program for counties with fewer than 250,000 people.

HB 2143 (J. Turner) - Allows first responders to cite multiple work-related events when applying for workers' compensation benefits for post-traumatic stress disorder.

HB 2564 (White) - Requires TDHCA to include homeless youth in low-income housing plans to reduce homelessness.

SB 753 (Huffman) - Requires individuals with disabilities in community rehabilitation programs receive the federal minimum wage for their work by 2021.
Housing & Employment - Not passed

HB 1465 (Moody) - Requires HHSC to evaluate the capacity of substance use recovery housing programs across the state.

HB 2969 (Sanford) - Prohibits employers from taking adverse employment action against a first responder due to their mental health status.

HB 1257 (Rosenthal) - Allows counties to prohibit discrimination against tenants receiving housing assistance funds.

HB 3492 (Cole) - Reduces burden of proof required for a first responder to receive workers’ compensation benefits for post-traumatic stress disorder related to work.
Suicide Prevention & Public Safety

Suicides and attempted suicides are a public health crisis in Texas. Untreated serious mental illness can present a risk of harm to the individual and to others.

- Suicide Safer Schools programming
- Suicide prevention training for educators
- Extreme Risk Protective Order
- Training for mental health professionals
- Alert system for adults with serious mental illness with safety concerns who disappear
Suicide Prevention & Public Safety – Passed

**HB 3980 (Hunter)** - Requires the Statewide Behavioral Health Coordinating Council to prepare a report on suicide prevalence in state across high risk groups and develop policy recommendations.

**HB 833 (Hernandez)** - Creates an opt-in statewide alert system for military members with mental illness or traumatic brain injury who go missing.

**HB 1769 (Bonnen)** - Creates a statewide alert system for adults who go missing and are suspected to be in imminent danger of being harmed.

**HB 4429 (Blanco)** - Requires mental health first aid training for veterans to include trainings to veterans and their families.
Suicide prevention - Not passed

HB 471 (Thierry) - Requires health care practitioners to receive suicide prevention training as part of their licensure renewal.

HB 131 (Moody)/SB 157 (Rodriguez) - Creates extreme risk protective order with a due process for temporarily restricting firearm access for those at risk of harm to self or others.

HB 3235 (Ramos)* - Requires public educators to receive suicide prevention training every five years (currently no recurring requirement).

Referred to House Public Health on February 20, 2019.

Referred to House Criminal Jurisprudence on February 13th, 2019.

Referred to Senate State Affairs on February 1st, 2019.

Sent to House Calendars Committee on April 26, 2019.
Mental Health Information Disclosures

HB 3519 (Allison)* - Authorizes health professionals to disclose to third parties limited information when doing so is in the best interest of the individual receiving care.

Referred to House Public Health on March 18, 2019.
Prevention & Trauma

Texas should identify and address factors that contribute to negative mental health outcomes.

- Education and support around interpersonal violence
- Implement trauma-informed care/practice
- Poverty-related issues
- Family mental health
- Physical environment and mental health
- Reduce mental health disparities
Prevention & Trauma - Passed

**HB 253 (Farrar)** - Requires HHSC to create strategic plan to address postpartum depression.

**SB 71 (Nelson)** - Creates a statewide telehealth center for sexual assault forensic medical examination, includes screening for trauma.

**SB 72 (Nelson)** - Creates the human trafficking prevention coordinating council.

**SB 355 (West)** - Requires DFPS to develop strategic plan to implement federal law Family First Act.
Prevention & Trauma - Not passed

**HB 2618 (Walle)** - Creates a peer support pilot program for maternal mental health issues.

**HB 517 (Israel)** - Bans mental health providers from offering sexual orientation conversion therapy.

**HB 822 (Parker)/SB 1353 (Powell)** - Creates strategic plan to address adverse childhood experiences.

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*Sent to House Calendars on May 1st, 2019.*

*Left pending in House Public Health on May 1st, 2019.*

*Referred to House Public Health on February 25th, 2019.*
Major takeaways

Wide range of strategies for addressing social problems - funding opportunities, grant programs, pilot programs, strategic plans, tax incentives, task forces, councils, reports, etc.

Many places where a bill died - even after passing both chambers.

Importance of working with senate on budget.

Multi-session effort - continue pushing certain bill ideas in the interim and into the 87th session.

Need for health coverage focus in next session.
Next Steps

#Vote4MentalHealth

#SickofitTX

The Interim

Quorum

NAMI Advocacy Guide
#Vote4MentalHealth

Nonpartisan resources on becoming a mental health voter

Information on educating candidates

REGISTER TO VOTE
Healthcare Activist Leadership Network

Ensuring Texas lawmakers know voters care about healthcare access

Blockwalks tomorrow in: San Antonio, Houston, Dallas, Fort Worth
The Interim

Legislative appropriation requests

Interim charges

Implementation of bills
Quorum

Invest in Our Future

Students deserve mental health too

Mental illness is a condition that starts young. 50% of mental health conditions begin by age 14 and 75% by age 24. We need to give our youth the right services and supports when symptoms emerge so they can succeed in school and lead healthy, fulfilling lives.

Unfortunately, we are not fulfilling this promise. Over 1 out of 3 students with a mental health condition age who are served by special education drop out—the highest dropout rate of any disability group.

We cannot forfeit our children’s future to illness.

Ask your members of Congress to co-sponsor and support the Mental Health Services for Students Act, S. 1122 and H.R. 1109.

This bill would provide funding for public schools across the country to partner with local mental health professionals to establish on-site mental health care services for students.

Funding school mental health professionals will help students get the right help at the right time. Tell your member of Congress to support these vital bills.
Quorum

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Sen. John Cornyn (R-TX)

Subject

Message

Dear Senator Cornyn,

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Thank you,

Alissa Sughrue
4110 Guadalupe St, Austin, TX 78751

Sen. Ted Cruz (R-TX)

Subject

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Thank you,

Alissa Sughrue
4110 Guadalupe St, Austin, TX 78751
NAMI Advocacy Guide

Survey sent out in October to leadership on advocacy efforts

Working with UT School of Social Work class to develop guide

To include information on engaging in advocacy and organizing advocacy efforts
Resources


NAMI Texas 86th Legislature Wrap-Up Report https://namitexas.org/reports-research-testimony/

#Vote4MentalHealth - http://vote4mentalhealth.org

#SickofitTX - https://www.sickofittx.com/

NAMI Quorum - http://nami.quorum.us

NAMI Texas Quorum - http://namitexas.quorum.us
THANK YOU!
Alissa Sughrue
policy.fellow@namitexas.org